



## FOOD FACTS:

## PUDDINGS &amp; POINTS

Let's get some of our points to solve the pudding problem. For some men and most children it's the "after" that counts.

## FRUIT WHIP

(ONE PINT SERVES 12)

INGREDIENTS: 1 lb. fruit pulp, 2 levels; 1/2 pint milk, 1/2 pint fruit juice, 2 levels; 1/2 pint cream, 1/2 pint water, 2-4 level tablespooms sugar, a few drops lemon essence, 1/2 level tablespooms cream of tartar, 1/2 level tablespooms water. Mix the pulp to a smooth consistency. Add the milk, cream, sugar and essence to the pulp. Bring to boil, stirring all the time. Add the cream of tartar and water to the pulp. Bring to boil, stirring all the time. Add the water to the pulp. Cool and serve.

Cool and serve.

EGG & SYRUP FLAN

(THIS RECIPE MAKES 12 SERVINGS FOR TEA)

INGREDIENTS: 6 oz. or 2 cups custard, 2 eggs, 1/2 pint milk, 1/2 level tablespooms sugar, 1/2 pint cream, 2 level tablespooms custard, 1/2 level tablespooms cream of tartar, 1/2 level tablespooms water, 1/2 level tablespooms lemon essence. Mix together the eggs, syrup and lemon essence. Add the custard, cream, water and cream of tartar. Add the sugar and beat well. Pour into individual dishes and serve cold.

PEAR & BANANA MILK PUDDING

(COOK THIS WITH THE SUNDAY NIGHT IN)

INGREDIENTS: 1/2 pint custard, 2 eggs, 1/2 pint milk, 1/2 level tablespooms sugar, 1/2 pint cream, 2 level tablespooms custard, 1/2 level tablespooms cream of tartar, 1/2 level tablespooms water, 1/2 level tablespooms lemon essence. Mix together the eggs, syrup and lemon essence. Add the custard, cream, water and cream of tartar. Add the sugar and beat well. Pour into individual dishes and serve cold.

POUNCE TABLE

## FROM THE POUNCE TABLE

Household Milk (one pint)

Macaroni ... 2 pints

Spaghetti ... 2 pints

Semolina ... 2 pints

Beef Eggs ... 2 pints

Syrup ... 1/2 pint

2 pints

## War's Wreckage

Doreen Marshall,  
Whose Father—'Trail Of  
Ruin Laid  
By Wives'

I have seen too much of the effect on soldiers of their wives leaving them to take my eye to it," said the Bow Street magistrate, Sir Wilfred Bennett, yesterday, when remanding on bail for three months a woman charged with what was described by counsel as "like a piece of human wreckage."

In the dock was the Galway-born 22-year-old former public-school boy. He had faced the horses at six years of age, but he was a mischievous schoolboy yesterday, when he was accused of stealing a book from a library and obtaining £100 from an hotel by a worthless cheque.

The court was asked to take other cases into consideration.

## PRIVATE INCOME

Det-Sergt. Sutherland said Galworthy served in the Army from 1939 to 1945. He was asked to return to Scotland in 1944 and rejoined three months later.

He had an income of £25 a week and £79 a year disability pension.

When he left the Army he found his home broken up, his wife having left him.

Mr. Anthony Hawke, for Galworthy, said it was difficult to understand how a man with his upbringing could fall into disrepute at such an early stage of his life unless it was due to his wife leaving him.

## POPE'S HEALTH

'MUCH IMPROVED'

The pope has benefited greatly by his stay at Castel Gandolfo, his summer palace. He is likely to remain there for another fortnight.

"The Pope is much improved," said a Vatican spokesman yesterday. "It was precarious. Now he is much better."

—A.P.

ADVERTISERS' ANNOUNCEMENTS

309,525  
Babies Born

MORE babies are being born. From the beginning of this year up to September 21, live births in London and other towns of England and Wales totalled 309,525—an increase of 57,500.

Measles cases numbered 57,403—a decrease of 135,025.

Cases of whooping cough reported since the first week of this year totalled 38,944—an increase of 15,880.

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Man to the People writes on things that matter

# Let's Talk It Over

JUST as one swallow does not make a summer, so a single straw, which may be the last straw, is not enough to prove which way the wind is blowing. It would therefore be unwise to draw general conclusions from the purely local news that several building contractors, based at Bexley, Kent, have decided to work half an hour a day extra without pay.

It would prove, however, that this particular straw of fact is borne upon a steady, though perhaps slow, wind which might well deserve serious consideration.

The first puff of the next breeze, again from Mr. Aneurin Bevan, when he called upon the building industry to make a 10 per cent. cut in houses ready for occupation because of the general strike.

Now the next target figure had previously been announced by the Minister of Health. This one came as a challenge not only to the builders but to everybody who voted Labour at the general election and, indirectly, to all good citizens.

For the truth is that unless the majority of us decide to put a little more into our winter pennies toward the country will drift dangerously in its hard climb back to prosperity.

LEAVING party politics out of it, there is no reason, save doubt that the mood of the country will not be progressive when the present Government was voted into power with a clear majority.

There was a deceptively desire to make the British way of living happier for all men secure that has been born out of the general strike.

Opposition politicians, and a d newspapers have missed a chance, however paltry, to testemomially criticise the details of administration even when they could not fairly criticise its trend and its aims.

And the Government's supporters have continually "rubbed in" their electoral victory and

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Evening in Paris

PERFUME

Yours to wear once more...

Evening in Paris Perfume

This same lovely fragrance is also yours in the Evening in Paris perfume. Faded Rose, Peacock, Peacock, Rangoon...Vanilla Creme, Lipstick...Toilet Soap...

Do not pass a shop which sells Bourjois products - it's quite possible and it's quite safe.

Evening in Paris may just have arrived.

BOURJOIS

Boutique Ltd., Queen's Way, Croydon

Cooks we all know

'YOU'LL HAVE TO TAKE  
POT LUCK' TYPE



Cheerfully admits she can't cook. Delights in knowing about vitamins and dietary doses... care what she puts in calories. Tries up her recipes as she goes along, and nobody more surprised than she when they're successful. Produces the most marvelous meals and says it's just luck. Always thought it was her own brilliant idea to add Bovril to her beef flavour... quite astonished to find that all the best cooks do it.

In bottles—1 pt. 2 oz. 16d. 4 oz. 2/6d. 8 oz. 4/6d. 16 oz. 4/-

Cook with BOVRIL



that we should be glad the Food Minister has just enough supplies to give us 500,000 million tons that little extra which means to each of them—and us.

But the T.U.C. does not see things in this light. It is grieved because it was not consulted sooner and, above all, it resents the fact that the new arrangement which leaves other heavy workers at a manifest disadvantage.

EVERYTHING for a moment to the men of the British builders, I must point out, that there was no special call upon them to make a sacrifice or to give a gift of unpaid overtime.

But they had a very job which had to be done quickly. They responded to a particular appeal. They felt, rightly, that they were as much a part of the Government and their homeless compatriots.

In fact, however, every worker, as far as I can see, that means every employer and official, too, as much to the community as the miners.

It would be too much to expect everybody to work longer hours without reward, but I think many more may be asked to give full value for the paid minute?

You cannot perceive that the community will be left back in the job today. There is a manifest tendency among a great number of people to get more and more for less and less.

Groups are more selfish than individuals. Or more shortsighted. Each is jealous of its own position. None must have less than the others.

And in the quest for an uncontaminated equality, we can lose sight of the fact that those who are not satisfied may reduce them all to a comparatively equal level of wretchedness.

YOUNG party politicians, I am afraid, have not enough food in the national larder to give

### THOUGHT For Today

NO APPLAUSE IS ANY HELP TO SCIENCE. DON'T SAY "WELL DONE."

Young helped to all. He has a right to enough to give to the men who are winning the nation's cold war.

But have you thought out the whole of our concession and the protest? It cannot see, much matter to you and me, that the men and women of our country—men and women—have seen to it that the key workers should be given extra food.

For we are not asked to sacrifice any of our own ration for their sake. It has been found by practical experiment that the men in Europe that the men produce more coal when they have more food to eat.

You would think, therefore,

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But the T.U.C. does not see things in this light. It is grieved because it was not consulted sooner and, above all, it resents the fact that the new arrangement which leaves other heavy workers at a manifest disadvantage.

IT'S face it: there is inequality. In regard to sheer physical, there is no doubt that the miners are by any standard another "heavy worker" and many another "heavy worker" is just as hard as any other.

But they have a very job which had to be done quickly. They responded to a particular appeal. They felt, rightly, that they were as much a part of the Government and their homeless compatriots.

In fact, however, every worker, as far as I can see, that means every employer and official, too, as much to the community as the miners.

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# ENGLAND'S FIVE FORWARDS SCORE

## Lawton Was Genius In Belfast Goals Glut

By RAYMOND

THE refined slaughter of Ireland's select at Windsor Park, Belfast, yesterday, with 11,000 spectators, was a great success. The game, which lived up to their collective cash value, was a dual triumph for Tommy Lawton, the 21-year-old Northern dynamo, who scored four of the five goals, and for the 32-year-old, now-cured, trigger-fingered Wilfred Mannion of Middlesbrough.

The man of the show, Lawton, towering like a giant even in this gifted company of masters, remains—despite the 41,000 spectators who witnessed the match—unruffled. He worked effortlessly and elegantly in attack and defense; prompted many of the goals, and, in the final 15 minutes, when the game was all forward, a goal-moves which Finney, Carter, Lawton, Mannion and Lawton performed on the double.

Three of the goals were scored by Mannion, whose transfer from Middlesbrough to Northern Ireland, for £10,000, was not worth more than £1,000—yet who was picked up by the Northern Ireland team.

The ex-teenager Howard fully justified his selection, and Lawton in playing him. They thought him a good player, but Scotland at Manchester has more.

Norman Lockett, 22-year-old Linfield, who had been transferred to Ireland, was transferred back after the match to Swansea Town, where he is now a £10,000 McMurtry, an inside-right, who has scored 10 goals in 18 appearances.

Lawton, a £10,000 transfer from Middlesbrough, was picked up by the double.

### RUDE WELCOME FOR THURLOW

TOTTENHAM 0, MANCHESTER 0. The keeper, a very good one, had a few seconds of foreplay, Dix and Medley were all on top of him, he could find relief was to fall on the floor.

"Dix was the best forward on the pitch," said Lawton, "he was full of excitement and good football."

Lawton, a £10,000 transfer from Middlesbrough, was picked up by the double.

### HIGHEST SCORE: 7

NEWCASTLE 7, MANCHESTER 7

### HIGHEST AGGREGATE: 14

IRELAND 2, ENGLAND 7

SCOTLAND 2, MANCHESTER 7

Wales 2, ENGLAND 7

ENGLAND 2, MANCHESTER 7

Wales 2